

About Keystone Eye Associates

# Eye on News

Newsletter

Welcome to the first issue of the Keystone Eye Associates' Eye On News newsletter. This newsletter will be published bi-monthly and will feature the latest happenings at KEA as well as include answers to many of your questions about eyes and eye conditions. You'll also meet each one of our physicians here and be kept up to date on any breaking news about eye health and you.

**Inside this issue:**

- Irving M. Raber, MD 1
- Ask the Doctor 1
- About KEA 2
- Meet Our Physician 2

To submit a question to "Ask the Doctor", please do one of the following:

- fill out a form in one of our waiting areas on your next visit
- Call 215-552-8331 and ask for ext. 111
- Send your question to our address (on back)

## Dr. Irving M. Raber, Cornea Specialist Joins KEA

Keystone Eye Associates is pleased to announce the addition of Dr. Irving M. Raber, Cornea Specialist to our team as of April 1, 2006. Dr. Raber comes to Keystone Eye Associates with over 25 years experience in Cornea/External Eye Disease, Refractive Surgery and Anterior Segment Surgery of the eye. Dr. Raber, a board-certified diplomate of the American Academy of Ophthalmology, is a staff member at several area hospitals including Wills Eye Hospital, Medical College of Philadelphia, Thomas Jefferson University Hospital and Virtua Health Systems in Southern New Jersey. Dr. Raber graduated from the University of Manitoba Medical School with a combined M.D. Bsc. (Med) degree. He then completed a rotating internship at Toronto General Hospital in Toronto and a

residency in Internal Medicine at Winnipeg Health Science Center. He also completed a residency in Ophthalmology at the University of Toronto and a Fellowship in Corneal and External Diseases at Wills Eye Hospital in Philadelphia. Dr. Raber served as Chief of Cornea Service at Scheie Institute (University of Pennsylvania Department of Ophthalmology) for eight years. He has also been recognized in *Best Docs in America*, has authored many publications and book chapters and has lectured around the world on his specialty. He is a member of many local and national professional societies, including the American Academy of Ophthalmology Refractive Surgery Group and the International Society of Refractive Surgery. Everyone here at Keystone Eye Associates is proud to welcome



Irving M. Raber, M.D.

Dr. Irving Raber. We are excited to be able to offer his specialty services to our patients and the community. Dr. Raber will see patients at Keystone Eye Associates' Subspecialty Center on Blue Grass Road, adding to our current specialty services treating Glaucoma and Retinal diseases. Welcome aboard, Dr. Raber!

## Ask the Doctor - What is Dry Eye?

Dry eye syndrome is one of the most common problems treated by eye physicians. It's usually caused by the quality of the tear film that lubricates the eye.

Symptoms of dry eye include:

- Itching
- Burning
- Irritation
- Redness

- Excessive tearing
- Blurred vision that improves with blinking
- Increased discomfort after periods of reading, watching TV or working on a computer
- Hot, dry, windy climates
- Cigarette smoke
- Certain medications

Some causes of dry eye syndrome:

- Normal aging process (at 65 your body produces 60% less oil than at age 18)

Treatment for dry eye may include drops, lifestyle changes, and/or a procedure to close the tear drain in the eyelid by inserting a plug that would act as a stopper, keeping the tears in the eyelid and the eye moist.

## About Keystone Eye Associates

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Philadelphia, PA 19149  
(215) 331-4141

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Philadelphia, PA 19111  
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*Keystone Eye Associates is dedicated to bringing the highest level of comprehensive quality eye care to Philadelphia and the surrounding areas. From Lasik surgery and general ophthalmology to eye trauma, pediatrics and the detection and treatment of cataracts, glaucoma, retinal disorders and now corneal diseases, Keystone Eye Associates provides expert eye care for all family members from children to the elderly. With experienced physicians, friendly staff members and several convenient locations, Keystone Eye Associates is proud to serve our community.*



### Attention Diabetic Patients!

You need to have your eyes examined at least once a year.  
Call the location nearest you today to schedule an appointment!

## Meet Our Physician — Dr. Mary DeFrancisco

Born and raised in Philadelphia, Dr. Mary DeFrancisco attended Temple University where she graduated first in her class with a Bachelor of Pharmacy degree. She then received her Doctor of Medicine degree from Hahnemann University and completed a medical internship at Washington Hospital Center and an ophthalmology residency at Georgetown University.

Currently on staff at Keystone Eye Associates for over 10 years, Dr. DeFrancisco is also on staff at Frankford Hospital and has served as an Assistant Clinical Professor of Ophthalmology at the Hahnemann University School of Medicine and the Robert Wood Johnson School of Medicine as well as an Associate Professor at the Gwynedd Mercy College in Gwynedd, PA.

Dr. DeFrancisco is a Fellow of the American Academy of Ophthalmology, the American Society of Cataract and Refractive Surgeons and a member of the American Medical Women's Association. Dr. DeFrancisco concentrates her practice in diseases of the Anterior Segment and Glaucoma.

On a more personal note.....

Dr. DeFrancisco enjoys playing golf with her husband whenever she gets the opportunity. She also believes in staying fit and visits the gym at least three times per week. Dr. DeFrancisco has three sons and one daughter all in their twenties and working hard to attain the same successes as their mother.



**Mary DeFrancisco, MD**

Dr. DeFrancisco is an integral part of the team of physicians at Keystone Eye Associates. Her expertise is highly respected and her friendly personality is enjoyed by all.